

Hays Mill church of Christ

21705 Hays Mill Road Elkmont, AL 35620 "Two are better than one, because they have a good reward for their labor. For if they fall one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him. Again, if two lie down together, they will keep warm; but how can one be warm alone? Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken," Eccl 4:9-12.

Spending Time Together: Think of the days when you and your spouse dated. What do you remember most from those days? What are the things that you would do together? It took time and togetherness to build a relationship; and it takes time and togetherness to maintain а relationship. Here's a list of possible activities that were part of the building process they need to continue in the maintenance of your marriage: Going for walks; Playing board games, card games, etc.; Sharing long talks about things; Going out to movies; Sharing

evenings with friends and family; Going to community events; etc., etc., etc. We understand the need to continually deposit money in our bank accounts, in order to have funds available for withdrawal. Equally, we must make regular deposits of love, affection, attention and togetherness into our marriages, if we expect there to be anything there for withdrawal. As busy as life may be, as many things as there are which may demand our attention, we have a responsibility to build and maintain a successful marriage.

The Law of Moses commanded, "When a man has taken a new wife, he shall not go out to war or be charged with any business; he shall be free at home one year, and bring happiness to his wife whom he has taken," Deut 24:5.

What an amazing law! God understood the importance of the relationship between man and wife, and implemented in His law a guarantee that the relationship would have an unhindered beginning. God's word goes on to affirm the need for them to grow in their relationship.

"Let your fountain be blessed, and rejoice with the wife of your youth. As a loving deer and a graceful doe, let her breasts satisfy you at all times; and always be enraptured with her love. For why should you, my son be enraptured by an immoral woman, and be embraced in the arms of a seductress?" Prov 5:18-20.

If a couple does not share time and activities together, a door is open for their relationship to fall apart. Solomon warns about the possibility of a man's attention being turned to another woman if he and his wife do not delight in one another. Jesus clearly indicated that we must build our marriages, and not allow them to fall apart. He said, "Have you not read that He who made them at the beginning 'made them male and female,' and said, 'For this reason man shall leave his father and mother and be joined to his wife, and the two shall become one flesh'? So then, they are no longer two but one flesh. Therefore what God has joined

together, let not man separate," Mt 19:4-6.

Spending Time Together With The Lord: There are numerous Bible texts which speak of the importance for all people to be diligent students of God's word. Certainly, Bible reading can be an individual activity, but in the marriage relationship, there is the added delight of learning together.

That God wanted His word to be important among His people is evident. Hear His command to Israel: "And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you lie down, and when you rise up. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates," Deut 6:6-9.

It is important that couples read together, study together, and pray together. What better way to make the threefold cord stronger, than for all three segments to interact together?

-from <u>And They Shall Become One Flesh</u> via **Meditate on These Things**, Dec 2014

I Have Never Sinned

By Mike Thomas

Here is a list of things I have found to be true, unfortunately, either through experience or observation, regarding sin. As a result, I have never sinned...

Without Regretting It: Sin brings a

dark chasm to our soul. It fills our heart with fear and shame; with dread and terror; with sorrow and regret. It is as David said, "For my iniquities have gone over my head; like a heavy burden they are too heavy for me. My wounds are foul and festering because of my foolishness. I am troubled, I am bowed down greatly; I go mourning all the day long," Psa 38:4-6. When I am honest with myself, I have found the same to be true with my own sins. They always result in disappointment, disgust, and despair.

Without Thinking of Self: | have never sinned without placing my own desires above God's will, since sin is the act of violating God's law. "Whoever commits sin also commits lawlessness, and sin is lawlessness," 1 Jn 3:4. It is the result of pursuing our own desires, Jas 1:14,15. Thus, gossip is a choice, hatred is a decision, lust is a desire, and lying is a response. If I am to be pleasing to God, I must put off "the old man which grows corrupt according to the deceitful lusts, and be renewed" in the spirit of my mind, and I must "put on the new man which was created according to God, in true righteousness and holiness," Eph 4:22-24.

While Praying for Strength: God promises to give strength to those who ask Him for help in turning away from sin and ungodly desires. He says, "If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him," Jas 1:5. I have never seen Him fail to keep that promise. He truly is a God who "gives power to the weak, and to those who have no might He increases strength," Isa 40:29. But, let us be resolved in our own mind that we truly do want to resist the devil and put away wickedness. If we are not committed to coming out of the world and being separate, the prayer for strength and wisdom will not benefit us. We will be "like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways," Jas 1:6-8.

Without Separating Myself From God: Sin results in spiritual separation from God. Even the prophet of old said, "The soul who sins will die," Ezek 18:4. He was referring to the same thing Paul referred to when he said the "wages of sin is death," Rom 6:23. No one has ever sinned without experiencing that result. When Adam and Eve sinned, they were cast out of the Garden of Eden. When we sin, we are also removed from fellowship with God. If left unchanged, we will be eternally separated from Him in the "second death," Rev 20:14. No sin is worth those consequences, especially when we may "come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need," Heb 4:16. There is no reason for us to remain in sin.

-via Meditate on These Things, Dec 2014

» Remember in Prayer »

Dwight tested positive for the virus earlier in the week, and is feeling better! Kris' sons, Joshua and David, tested positive for Covid-19 last Sunday with mild symptoms; Kris did on Monday as well. Cindy, Sarah, and Joshua's wife, Kayla also have mild symptoms, but were not tested.

Pray for those that cannot meet with us, including Lois Adams, Madelene Britnell, Carolyn Dennis, Tim and Dot Hice, and Polly McNatt.